

# Annual Report 17-18



## Enable Health Society



## From the Desk of the President

**Safe Drinking Water** is a wonderful program that helps us care for communities across the country from diversified geographical and water profiles. While bringing purified water to communities, Enable Health Society in the last year has focused to improve health of communities by promoting the safe use of drinking water, better hygiene, and the prevention of diseases. As set in our mission and vision vulnerable populations the underserved, especially women and children, continued to be the focus of interventions.

Building on our very successful partnership with **Piramal Sarvajal** we realize that relationships needs time to develop and thus we commit to providing opportunities to connect people across communities, sectors, and functions to foster a genuine and interconnected network of colleagues to work together for an inclusive, sustainable program. We have our experience to highlight that we can't have community without relationships—these are the connections that build community. Any successful **partnerships** must be built on trusting and respectful relationships guided by integrity.

EHS set out to communicate, educate, and build **community awareness** to influence peoples **behaviors** through a strong team of community educators spread across the county. Our community education have been participatory and in local languages. We strongly believe that as a result local communities will now be more informed, better equipped, and more confident, to take forward the safe drinking water to **prevent waterborne illness**. Though putting into practice the lessons learned will be more difficult in certain villages because of their lack of access to drinking water, communities that we work with are now more aware of the importance of things like importance of safe drinking water.

We have also embarked on **community immersion** exercises like Jamboree along with our partner Sarvajal. Over the past year, alongside our own projects and activities, EHS continued to foster relationships within the newer stakeholders as we strengthen existing partnerships and imagine new and innovative approaches to community engagement. This allowed us to move to Transport Nagars with safe drinking water and also public places like a Primary Health Center this year other than the villages and the school.

**Scaling up** we have moved to new geographies and ventured into southern states like Karnataka and Telengana. We would continue to support individuals and communities by raising awareness, mobilizing action, and creating meaningful solutions for the drinking water problems. Our journey has been possible because of many people who joined hands and walked along side us and put their faith in our ability to perform.

I am immensely grateful to the EHS Governing Board for its support, our donors for their immense faith in our services, and the EHS office for its tireless endeavours.

Dr. B.P Singh

President

## AN OVERVIEW

Enable Health Society is a registered NGO in India providing technical support for capacity building on various health issues. EHS works to influence the health behaviour of individuals and communities as well as their living environment through educating communities on health issues- focusing on prevention and motivating them to maintain healthy lifestyles. EHS also works towards providing affordable, accessible, pure water for the communities as it believes that the safe drinking water is essential for maintaining public health and supporting healthy communities.

Since 2004, EHS has been building the individual and institutional capacity working in area of health with different stakeholders including government and non-government organizations, institution and communities, thus ensuring long lasting and sustainable efforts to enable better quality healthy lives. EHS is ready to expand and address emerging public health issues through practical, issue oriented and innovative approaches.

### **Vision**

Enabling health for every community in India

### **Mission Statement**

Enable Health Society seeks to improve the health and well-being of people by building capacity of communities, promoting healthy practices, upholding gender equity, supporting locally adaptable technology, advocating for sound practices and policies, and inspiring people to assert their rights to better, healthier lives

### **Core Values**

**Quality:** Choosing the best people for our work, employing the best available practices, and always challenging ourselves to improve through innovation, strategic planning, collaboration and teamwork.

**Service:** Making sure that each person who seeks our services is treated with personal respect, courtesy, compassion and sensitivity.

**Integrity:** We always try to do the right thing. We are honest and straightforward with each other. We operate within the letter and spirit of the law.

**Human rights and justice** – All of our work is based on respect for the inherent worth and dignity of all people, and the rights that follow from this understanding.

**Respect:** Recognizing the value of every employee's contribution to the mission of Enable Health Society, honouring our diversity and working together as an effective team in which each person understands his or her importance to the team.

**Communication:** A dedication to keeping all our partners informed and a promise to listen actively.

**Compassion:** Remembering that caring is as important as car

## Executive Summary

For many last-mile communities, the cost of clean water is often a large portion of their meagre salary and simply unaffordable. Many have no choice but to rely on contaminated water for consumption or travel far distances to collect water. Enable Health Society provides access to affordable safe drinking water through community based safe drinking water installations. This year we have achieved success in delivering 123 drinking water facilities in 14 states across the country.

Building on the success of the past one year, our focus in FY 2017 has been on building scale with focus on community engagement reaching even 1, 12, 0000 plus beneficiaries with safe drinking water. Enable Health Society has grown and diversified its donor base of support and continues to partner with Piramal Sarvajal for technical support.

Utilising more than a decade long experience of our work in community engagement, Enable Health Society believes that it can empower last-mile communities with information on importance of safe drinking water and as a result bring about significant impact in their health and well-being.

However, scale without knowing impact is poor stewardship and undermines our vision of enabling healthier lives. This year our focus has also been to evaluate the impact of our safe drinking water interventions.



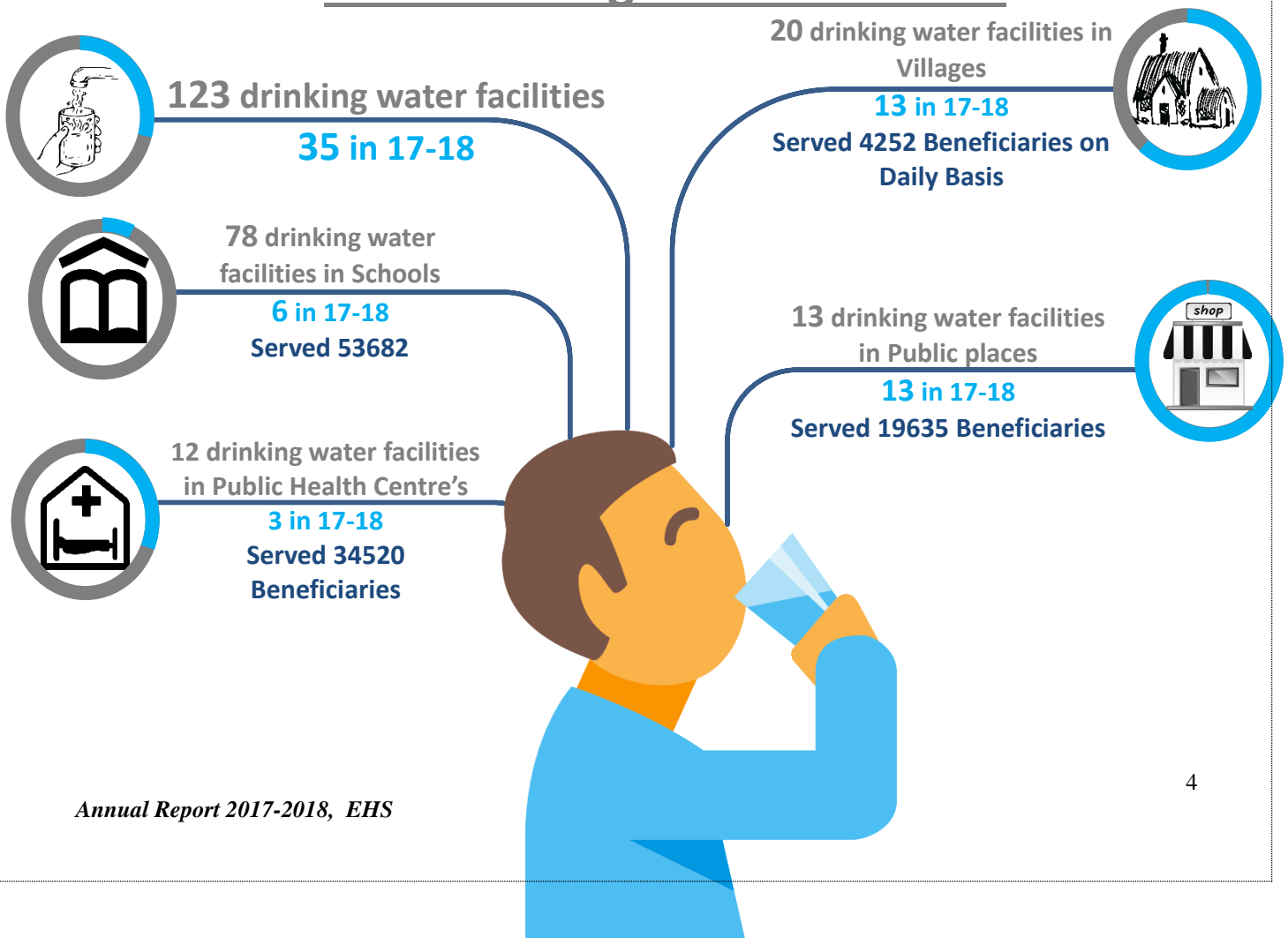
**Providing safe drinking water :** In collaboration with technical partner **Piramal Sarvajal** (Piramal Water Private Limited), EHS has initiated safe drinking water projects for communities in different schools, villages and Public places in the states of Maharashtra, Punjab, Haryana, Rajasthan, Himachal Pradesh ,Madhya Pradesh, Uttarakhand, Delhi, Orissa, Andhra Pradesh, Bihar, Karnataka, Telangana and Gujarat. Community-level decentralized drinking water models, comprising of localized water purification and distribution through installation of water purification plants, have evolved as a low cost alternative to create affordable provision to safe drinking water within the community. Through this innovative model, EHS generates local employment opportunities by employing people from the communities as machine operators, contributing to the economic development.

EHS strongly emphasizes on bringing together the rural community, including the panchayats,. From the planning stage Panchayat members are actively involved to inculcate a sense of active community ownership. The project is operated in partnership with a local entrepreneur or the local Panchayat/ Community Based Organization; thereby creating sustainable livelihood opportunities within the chosen community. Local community members are selected and trained as entrepreneurs to manage the water purification unit. Community is also at the forefront during the awareness and launch events, being local experts to spread the messages on importance of safe drinking water.

#### Key Milestones: Safe Drinking Water

## IMPACT NUMBERS 2017-2018

### Safe Drinking Water Facilities





## Community Awareness and Local Marketing: Let's Strengthen our Knowledge

Moving beyond the scope of providing safe drinking water, Enable Health society also conducts awareness programs empowering communities with knowledge about health hazards of drinking contaminated water and the significance of safe drinking water. EHS through an on-going community led awareness on safe water, health and hygiene aims to improve health outcomes for the communities that they work with.

EHS believes that access to regular and credible information about water related issues is essential. This includes education on the health hazards associated with contaminated water and the benefits of safe drinking water which is made available through state of art purification technology. Appropriate IEC (Information, Education and Communication) materials are provided to generate and raise awareness on water-health risk association.

EHS is aware that people's perceptions of safe water are based on taste, clarity and lack of odor and absence of visible impurities. Communities do not perceive that their water has the chance of being contaminated by germs that may not be visible to the naked eye. Communities do not relate the weakening of bone structure, discoloration of teeth and skin problems to consumption of contaminated water. Community also need to understand the contamination during water collection, transportation, storage and retrieval occurring at different times. Community awareness activities are designed as per the need, it may vary from, a. door to door awareness creation, b.local community groups formation, c.engaging the community through participatory techniques like a jal yatra or jal katha and d. schools level programs engaging the children in painting, quiz, debates etc about drinking water .

### Capacity building of the CALM team

As part of the strengthening the CALM team, A training was conducted on May 22 to 23, 2017 at Jaipur , with a key purpose to bring team members together and develop a common understanding about community awareness in safe drinking water . It was attended by 13 community awareness and local marketing executive and 5 staff of EHS also participated in the same. This two day bilingual training focused on providing and overview of



EHS drinking water program with Piramal Sarvajal, the mission and vision and its programs- The journey into the water world a.Basic facts about drinking water- worldwide and India statistics b. Importance of Community Awareness c.Role and Qualities of CALM team member d.Drinking Water quality e. Different Water Purification Processes f. Water and Health g. Communication Skills- Verbal and Nonverbal, Effective Listening, Questioning h.Demonstration- Do's and Don'ts i.Hands on practice j.Handling questions from the field kHow to take good pictures l.Documentation and Reporting – Significance and formats .





### Strengthening the Community Connect: The Jamboree Exercise

Communities are central to our work. While it is important to understand the community and its needs relating to safe drinking water, nevertheless it becomes pertinent to come up with newer ways of community engagement on safe drinking water. Keeping this as focus, 3 community awareness and local marketing jamborees were organised with objective to jointly assess the need of the community frequenting the sites and study the same in terms of awareness about safe drinking water and be able to try newer ideas to increase uptake of water and build awareness among the community. A cross functional team was put together from different departments – community awareness, operations, maintenance so that the issues can be viewed from multiple lens and solutions, /ideas proposed can critically be assessed for its suitability, practicality and replicability.



The jamborees was all about finding what we did not know in three of our sites village, public places and urban slums – an analogy of three cups filled with 60%, 40% and 20% of water



indicative of what we know about these site. Jamborees in Jaipur, Gujarat and Bhubaneswar were structured to infuse energy in the team, be a learning lab for discovering and trying out new things in connecting and engaging with communities.

These jamborees while fostering inter departmental collaboration led to a greater understanding and sensitization about community awareness being central to realising vision of Sarvajal. It brought in new ideas to approach and engage with community and build awareness around safe drinking water.

Many of the team members had to leave the comfort of their office environment, be in a community setting experience for first-hand the collection storage and usage of water in households, experience how being able to serve clean and safe drinking water raises prestige of the family, some even carried a pot of water on their heads.



The knowledge of the community, the willingness to join hands in our effort made us recognise the value of work and humbled us so that we are able to appreciate it. Designed to experiment with new ideas, jamboree allowed teams to try out new activities such as street plays, jal katha, rally, talk show which brought to forefront potential talents of team members which can tapped for future awareness drives.

Jamboree in its largeness helped us engage with our key stakeholders of the project - the government, our CSR partners local community bodies and leaders. At Bhubaneswar, local NGOs were engaged to be our language ambassadors but we recognised that they bring in an understanding of the communities it eased our interaction with local communities. Overall a unique effort to get people move beyond their functional role, working and learning together over a period of 5 days in each jamboree boosted the confidence, left the team with energy and enthusiasm.





## Measuring Impact

EHS is keen in measuring the changes in people's lives by our activities, whether directly or indirectly. We have elaborate inputs, outputs and outcome matrix for each of our model our impact study aims to measure the changes that are likely to be experienced by our stakeholders.

In order to measure the outcomes created by our programme, we gather primary data in a survey format and data is collected and managed by our team. There are three different surveys (Baseline, Midline and End line survey) conducted at different time intervals to collect data from our stakeholders which then helps us to improve the design of our services. 2017-18 had a dedicated resource for Impact , Tools developed - AAS questionnaire developed and pretested and ready to use , preparation to share the data with CALM team ( data provided / time line), tools for midline was completed with a baseline and midline tracker. An online baseline tool also was created.

In the scope for assessing internal impact, a sample size of 32 from each location is studied using a predesigned tool and report cards are created. The findings help make decisions around the nature of the community awareness to carry out in the particular location. Midline study finding will allow for improving our program correction and end line provides a measure of outcomes achieved. With this 2017 -18 total number 53 villages' baselines conducted for different CSR donors.

## Capacity Building in HIV

**AHF INDIA CARES gearing up for a focused program** of community based testing and counseling with a goal to contribute to test and treat strategy of GoI with the aim of increasing the knowledge of community members HIV status, preventing HIV transmission, linking the infected individuals to early care and treatment, hence reducing morbidity . Each of their NGO partner aimed at conducting total of 11,200 (1,600 per month) HIV tests and identify 112 new PLHIV clients and link them with ART Treatment by the end of 31st December 2017- EHS planned with AHF a 3 day residential program for all their NGO partners at three places Vijayawada, Chennai and Delhi and trained around 60 people. A detailed module was prepared and training was done in English, Hindi and Tamil.



Enable Health Society team was requested by Piramal Swasthya Management and Research Institute (Part of Piramal Foundation) to conduct the training on HIV/AIDS domain for their team of helpline counsellors. Piramal Swasthya on behalf of the National AIDS Control Organization (NACO) runs **India's first national AIDS helpline – 1097** providing information on HIV/AIDS, Counseling Services, Information directory/referral service accessible in multiple languages - Hindi, English, Telugu, Tamil, Kannada, Marathi, Oriya, Malayalam Assamese & Bengali. The training was done online using materials provided by NACO . We are proud to be associated with Piramal Swasthaya as EHS continues to train counselors to build the capacity of 1097 helpline counselors of four centers located in Hyderabad, Jaipur, Shimla and Guwahati to help them provide information on HIV/AIDS effectively to people across the country on HIV.

## **BOARD MEMBERS PROFILE**

**Dr. B.P. Singh** , President, Enable Health Society is a clinician and public health specialist having forty years of experience in field of Reproductive and Child Health and Family Planning. Qualified paediatrician, equipped with a law degree, he has served for more than 25 years in Public Health Sector in the Department of Medical, Health and Family Welfare for the state of Uttar Pradesh. Dr. Singh has worked extensively with USAID supported family planning program for more than 15 years, providing technical expertise for pioneering and implementing capacity building programs on male and female sterilization, RCH emergency obstetric and new born care and HIV/AIDS. Dr. B.P. Singh has been very widely recognized as master trainer in NSV, Sexual and Reproductive Health, Adolescent friendly Health Services, Infection Prevention, Facilitative Supervision, Quality Improvement, and Counseling. Dr. B.P. Singh brings to the organization his expertise and experience as a clinician and trainer in developing, reviewing, pilot testing and translating training manuals for various programs including clinical training and TOTs.

**Meenu Ratnani**, Secretary, Enable Health Society has more than fourteen years of work experience with reputed national and international organizations in the public health and development sector providing, capacity building, communication, programmatic management support to Reproductive Health, Family Planning, HIV/AIDS and Education projects in various capacities. Meenu has worked with different donor supported projects coordinating the capacity building and Knowledge Management. Meenu brings to the organization her expertise as a HIV/AIDS trainer and coordinating and managing a wide spectrum of project functions entailing Knowledge management, coordination, networking & liaison.