

Annual Report 19-20



B-64, Second Floor (Rear Portion), Sarvodaya Enclave, New Delhi-110017
www.enablehealthsociety.org



From the Desk of the President

I am pleased to share the Annual Report of Enable Health Society for the financial year 2019-20. Since inception, Enable Health Society's work is guided by one basic premise- work to influence the health behaviour of individuals and communities as well as their living environment. Our work begins when safe drinking water installation is in place, with a mandate to increase awareness among communities on safe drinking water, while understanding, engaging and supporting communities.

Hygiene and health are strongly inter-linked with education and learning of children as they miss school or perform poorly when they are suffering from WASH related illnesses. Schools are even places where children get sick, due to poorly adopted WASH behaviours. WASH education and awareness programs in schools can help improve adoption of WASH behaviours. This year EHS designed a WASH curriculum with a purpose to increase awareness regarding WASH behaviours and implemented in select schools.

Village Water Committees – a community system created for delivering on safe drinking water project, formed during the previous year were trained in managing the community level water services- increasing consumer base, managing records, finance and conducting meetings. 16 VWCs are functional working across project locations, under the Jal Jeevan Project. To improve the water security of in the village EHS included rain water harvesting and storage mechanism, into the projects.

Partnerships with like-minded organisations and institutions have not only helped create self-sustaining ecosystems which benefit community as a whole, but also provides a platform for learning and growth. EHS team also worked closely with Piramal Sarvajal and Final Mile, a behavioural science consulting agency in piloting the behavioural science led intervention to trigger safe behaviours around drinking water in the communities we work with.

The beginning of 2020 the country witnessed onset of corona pandemic which presented challenges to health and humanity, and the initial government response to curtail the new unknown epidemic was to impose a nationwide lockdown. Enable Health Society, following the protocols of Covid national strategy responded with awareness on Covid for its team and the communities where we have a presence and continues to dedicate themselves to the enhancement of the quality of life of the communities we serve through adopting hand washing, mask and social distancing behaviours.

Dr. B.P. Singh
President

WHO WE ARE

Enable Health Society is a registered NGO in India providing technical support for capacity building on various health issues. EHS works to influence the health behaviour of individuals and communities as well as their living environment through educating communities on health issues- focusing on prevention and motivating them to maintain healthy lifestyles. EHS also works towards providing affordable, accessible, pure water for the communities as it believes that the safe drinking water is essential for maintaining public health and supporting healthy communities.

Since 2004, EHS has been building the individual and institutional capacity working in area of health with different stakeholders including government and non-government organizations, institution and communities, thus ensuring long lasting and sustainable efforts to enable better quality healthy lives. EHS is ready to expand and address emerging public health issues through practical, issue oriented and innovative approaches.

Vision

Enabling health for every community in India

Mission Statement

Enable Health Society seeks to improve the health and well-being of people by building capacity of communities, promoting healthy practices, upholding gender equity, supporting locally adaptable technology, advocating for sound practices and policies, and inspiring people to assert their rights to better, healthier lives

Core Values

Quality: Choosing the best people for our work, employing the best available practices, and always challenging ourselves to improve through innovation, strategic planning, collaboration and teamwork.

Service: Making sure that each person who seeks our services is treated with personal respect, courtesy, compassion and sensitivity.

Integrity: We always try to do the right thing. We are honest and straightforward with each other. We operate within the letter and spirit of the law.

Human rights and justice: All of our work is based on respect for the inherent worth and dignity of all people, and the rights that follow from this understanding.

Respect: Recognizing the value of every employee's contribution to the mission of Enable Health Society, honouring our diversity and working together as an effective team in which each person understands his or her importance to the team.

Communication: A dedication to keeping all our partners informed and a promise to listen actively.

Compassion: Remembering that caring is important.

WHAT WE DO

Enable Health Society provides access to affordable safe drinking water through community based safe drinking water installations. Along with making affordable safe drinking water available to communities in need, we also strive hard to ensure messages on need for safe drinking water in their lives is reached. Our success is reflected in growing number of people who have adopted safe drinking water.



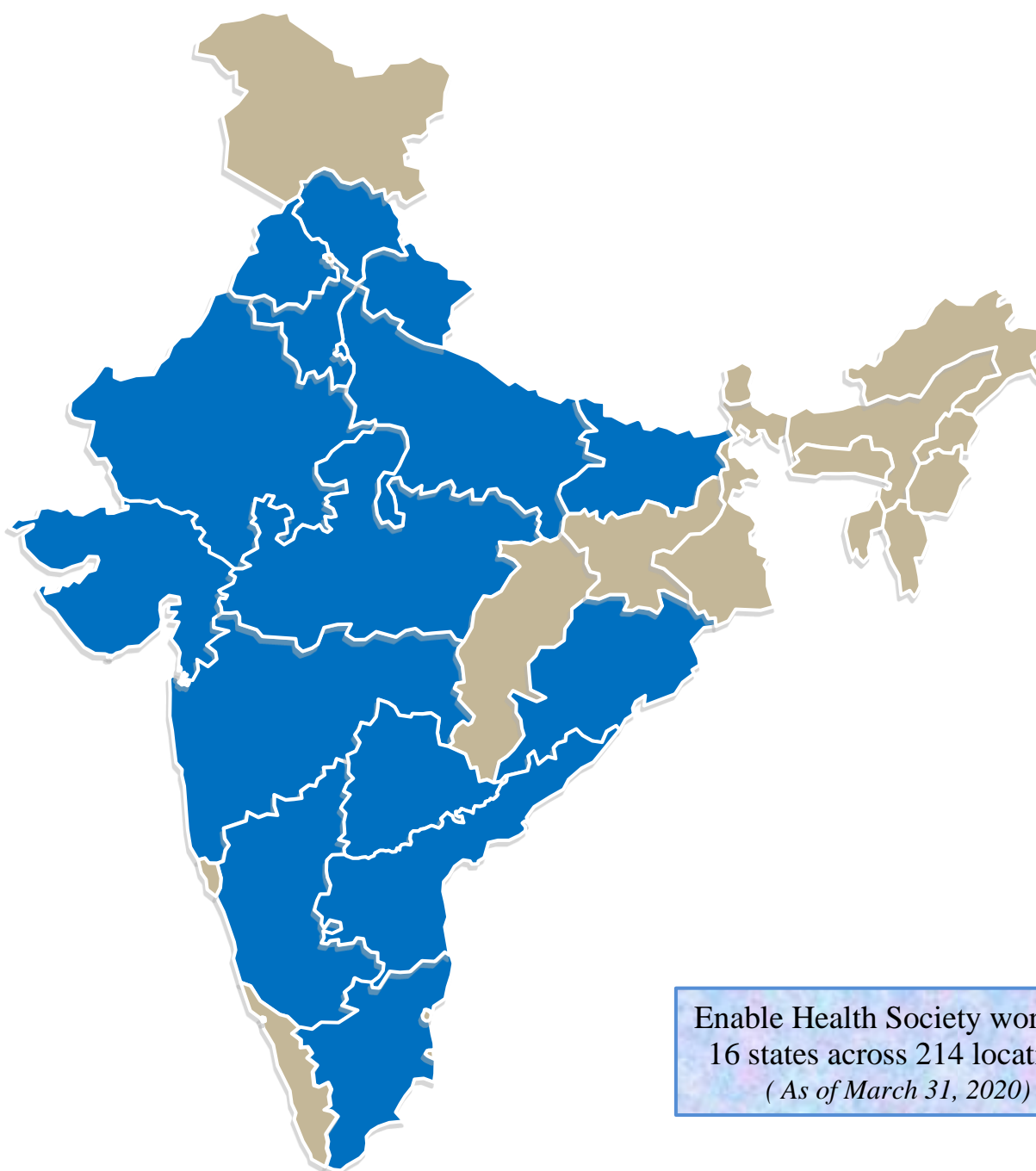
Providing safe drinking water : In collaboration with technical partner **Piramal Sarvajal** (Piramal Water Private Limited), EHS has initiated safe drinking water projects for communities in different schools, villages and health facilities in the states of Maharashtra, Punjab, Tamil Nadu, Rajasthan, Himachal Pradesh, Madhya Pradesh, Uttar Pradesh, Haryana, Uttarakhand, Delhi, Orissa, Andhra Pradesh, Bihar, Karnataka, Telangana and Gujarat. Community-level decentralized drinking water models, comprising of localized water purification and distribution through installation of water purification plants, have evolved as a low cost alternative to create affordable provision to safe drinking water within the community. Through this innovative model, EHS generates local employment opportunities by employing people from the communities as machine operators, contributing to the economic development.

Capacity Building on HIV: Enable Health Society offers skills and expertise on various thematic areas around Health – chronic conditions such as Diabetes, Hepatitis and HIV; special issues such as Tuberculosis, Sexual and Reproductive Health, Malnutrition and Adolescent Health. Our array of services include: Need Assessment, Capacity building, Development and Design of Training Curricula, Tools and Reporting & Documentation. The training programs can be customised according to the target groups and their needs. We have in-house experts in various fields and are capable of mobilizing experienced trainers and consultants for different program needs.



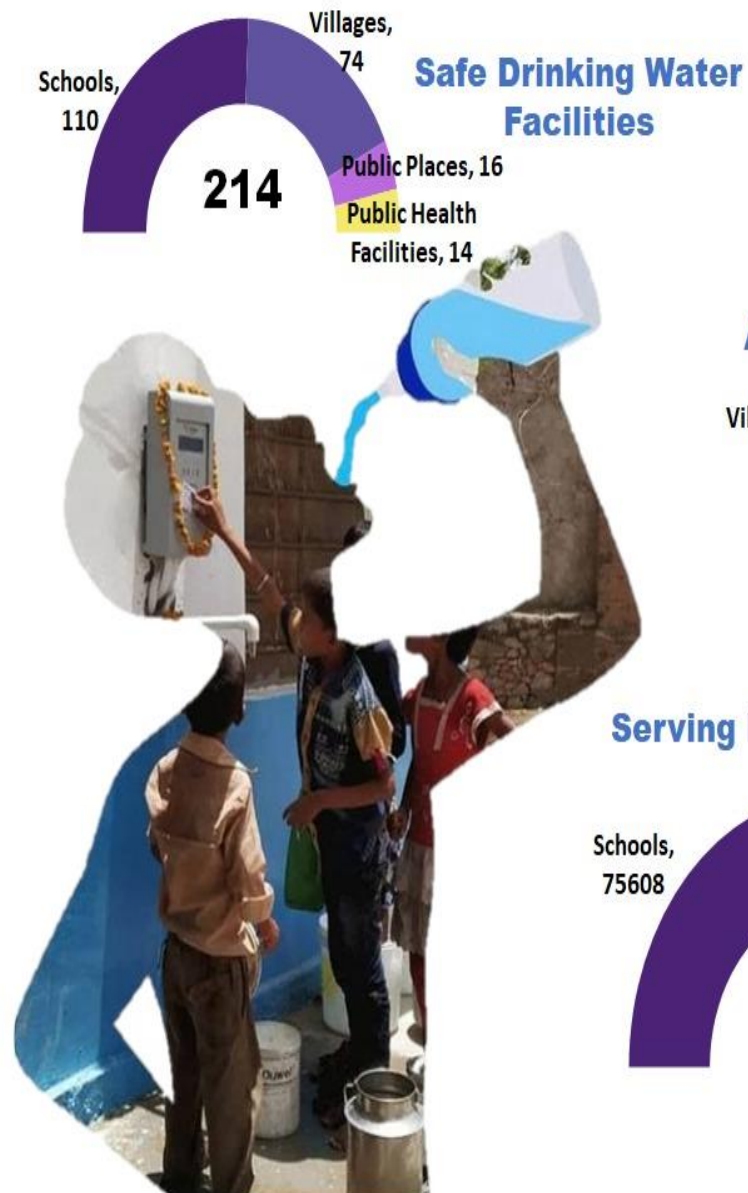
The training curricula, job aids and tools developed by Enable Health Society have been appreciated for its simple language, usability and comprehensiveness of the contents. Currently we are conducting training programs for 1097 HIV/AIDS helpline counsellors.

OUR PRESENCE

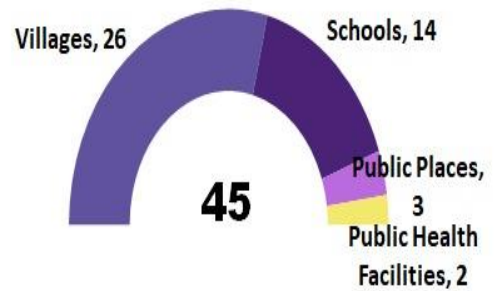


Enable Health Society works in
16 states across 214 locations
(As of March 31, 2020)

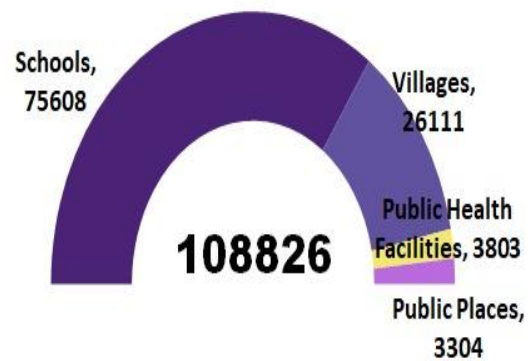
KEY MILESTONES



Safe Drinking Water Facilities Added in FY 2019-2020



Serving Beneficiaries Daily



OUR COMMUNITY AWARENESS TEAM



Our community awareness and local marketing workforce is exceptionally diverse. Although drawn from different educational backgrounds, they have essential knowledge and skills to do the on-ground activities. Travelling to remote locations sometimes a day's journey, they engage with community, plant operator and local stakeholders influencing safe drinking water behaviours. The starting point of all our engagement activities is having community interactions in which both learning from the community and sharing an understanding of water with them. The broad philosophy of our field work is based on the practical application of the well known poem featured in the Manual for Community Health Workers of the Ministry of Health and Family Welfare 1978.

*"Go to the people
Live among them
Learn from them
Love them
Start with what they know
Build on what they have"*

WASH PROJECT IN SCHOOLS



In recent times much attention has been placed on schools. This is because schools are a place of learning that can model good practices for children to follow at school, at home or in the wider community. Children are seen as potential ‘change agents’ both now and as future adults. However sometimes schools also can model poor practices and may also be dangerous places where diseases can be spread.

Studies on the long-term effects of community hygiene education programmes indicated that hygiene behaviours when becomes part of daily routines in childhood it does not easily fade. Therefore, schools form an ideal setting for skills-based hygiene education, where children can learn and sustain life-long hygiene practices. Children can become ‘agents of change’ and pass on the health and hygiene information learned at school to family and community members. This benefits the entire community.



As part of WASH initiative, Enable Health Society team developed, designed WASH awareness curriculum and conducted sessions for schools with a goal to help children understand importance of safe drinking water for their health and practicing hygiene behaviours. The awareness sessions aimed to engage students through participatory exercises which are both informative and motivational as required for consistent positive behaviors around safe drinking water and hygiene, safety of handling water and handwashing to improve hygiene for self and ensuring hygiene for the surrounding.



The young minds in higher classes are engaged in a discussion around the science of water, hardness (due to the geo-genic substances) and details of water purification so as to help children connect to the solution provided in their premises and improve its uptake of the drinking water unit. The session also promotes responsibility of taking care of the water plant and keeping the premises clean so that the solution can be effectively used for a longer term.

The program considers children as safe water ambassadors, who would take messages of safe water behaviors to their families especially to their siblings and to their friends. The efforts are to create a supportive environment to instill safe routine and help sustain it over a period of time. This year, our team conducted interactive sessions and exercises in around 10 schools separately with the 80-100 students and teachers of senior secondary and primary classes.

COMMUNITY MANAGED DRINKING WATER SOLUTIONS

Initiated last year, as part of community owned community managed drinking water solutions- Jal Jeevan Project moved forward with strengthening of Village Water Committees (VWCs) formed in previous phase and supporting them. Supported by Ashok Leyland, with EHS and Piramal Sarvajal as partners, the project has been implemented in 17 locations in 3 Districts of Namakkal, Chennai and Krishnagiri in rural Tamil Nadu. Uniqueness of this community led model is that it is operated in partnership with the Village Water Committee to improve the community participation and ownership which is foundation for sustainability. The community's commitment is garnered through their willingness and initiative in providing a water source, a room for the purification system (in some villages) and cash contributions (via membership). These committees were formed in the beginning of the project and the necessary permissions for the land, water and electricity for the project was received from Block Development Officer (BDO) and Village Officer (VO). This year following activities were carried out



Training of Village Water Committees

Village water committee members were trained and assigned the task of spreading the messages of safe drinking water in the community. In Kakkadasam village 95% of volunteers selected were women. Women and girls are considered to be important stakeholder in designing of interventions and programme to ensure access to safe water for all. Empowering and creating awareness among Self Help Groups (S.H.G) and Panchayat Level Federation (P.L.F) meetings supported to spread

awareness among women by themselves which helped in increasing the membership in that village. Now, around 5704 people are enrolled in the programme with an average water dispense of 1782 liters per day. All the VWC had similar trainings.

Creating awareness through traditional ways

Messages with the help of “**Thandora**” – Since the streets in the villages of Tamil Nadu are narrow and van drive is not possible, we took help of ***Thandora** – a drum used in pre-modern, Indian society to deliver communication to the community* – to deliver messages on safe drinking water unit. A drummer, or a messenger, walked down the street drumming a tune on the drum informing the villagers about the purification unit installed at their village.

During the Lok Sabha elections when conducting van drives, delivering of messages through loud noises and group gathering were prohibited in some parts of Nammakkal. The team took aid of another traditional way of communicating messages in the village. The safe drinking water messages were delivered by ***Kariyakkaran***, a way of narrating story through theatres.

Operator’s Appointment and Training:

Operators are selected and appointed in consultation with the VWC. On January 11, 2020, operators training programme to build their capacity was conducted. The training was organized to resolve challenges faced by the operators in their work and to enable them to manage the unit functioning and accounts with minimum supervision and monitoring. The operators were trained to perform their work independently post-handover.

Gram Sabha meetings:

Regular meetings with Gram Sabha were conducted to understand water-related issues, government water facilities and water need of the people. The meetings helped connecting with the local authorities and formed an open platform for discussions and bring a sense of ownership for the facility installed at their village along with awareness creation on safe water.

Meeting the non-users:

The team regularly met the non-users during their visits to understand the barriers for non-consumption of Sarvajal water. This helped to change methodology wherever needed to create awareness among village people and to motivate them to become Sarvajal users.

Monthly meetings of VWC members:

The CALM team during each of their visits motivated and supported in conducting VWC meetings every month. This resulted in making these meetings a usual practice by the members. Operator was given the responsibility to mobilize the committee and conduct meeting. During the monthly meetings key discussing points were water revenue and unit management along with ways to create safe drinking water awareness in their village. Minutes of the meetings were noted and shared.

MEASURING IMPACT

Impact measurement is part of organization's quest to understand how our programs benefit the local population where we provide our safe drinking water service. The projects articulate the results (outcomes) arising from our programs and services (outputs) and we use baselines, midlines and end line studies to measure them and use the finding /learning from the studies to bring continuous improvement in the work we do. The findings also helps us communicate effectively to tailoring our messaging to different audiences both internal and external and reporting on outcomes achieved equally with our donors. This helps us build momentum, capacity and community empowerment by demonstrating — with evidence— that our work is changing individual lives, families, communities and systems. This year, a total of 116 surveys were done for various models Adopt a Village (AAV), Adopt a School (AAS), Adopt a Public Place (AAP) and Adopt a Slum,



Baseline

AAV- 88
AAS- 25
AAP- 3
Aaslum-14

Midline

AAV- 10

Endline

AAV- 6

The impact team conducted various sessions on the process, significance of survey findings for various teams in-house.

This year for the first time, team conducted meeting with community members sharing the findings of baseline survey in a location. The discussion focussed on magnitude of drinking water problem, different aspects like water borne diseases, expenses spent on treatment of different illness as told during the survey and how our solution can address the issue. The discussions were held in location prior to launch of the facility. The interaction helped build the connect, create significance of our solutions in the minds of the people.



CAPACITY BUILDING IN HIV



Enable Health Society team was requested by Piramal Swasthya Management and Research Institute (Part of Piramal Foundation) to conduct the training on HIV/AIDS domain for their team of helpline counsellors. Piramal Swasthya on behalf of the National AIDS Control Organization (NACO) runs **India's first national AIDS helpline – 1097** providing information on HIV/AIDS, Counseling Services, Information directory/referral service accessible in multiple languages - Hindi, English, Telugu, Tamil, Kannada, Marathi, Oriya, Malayalam Assamese & Bengali. The training was done online using materials provided by NACO.

We are proud to be associated with Piramal Swasthya as EHS continues to train counselors to build the capacity of 1097 helpline counselors of four centers located in Hyderabad, Jaipur, Shimla and Guwahati to help them provide information on HIV/AIDS effectively to people across the country on HIV.

RESPONSE TO COVID

The end of financial year also saw majority of countries impacted by COVID-19. By the end of March, team prepared plans to prevent the impact of COVID. We designed messages and materials on hygiene behaviours. Our immediate focus was to continue service (supply) of safe drinking water at our locations without compromising on the safety of our field staff and community members.

Following steps were taken

- Training of operators on disinfecting premises at all points of contact to field staff including operators and drivers.
- Extensive sanitization drives at both plant and ATM areas of all our locations.
- Maintaining daily sanitization of plants and especially ATMs at frequent intervals.
- Social distancing markings to ensure queuing at 1 metre distance.
- Permissions taken from local panchayat for ensuring uninterrupted service at rural locations.
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Communication drives

- Developed sanitization and hygiene protocol and ensuring its adherence at field level via direct communication with field staff, operators and drivers.
- Posters, videos and audio clips shared at intervention points to ensure right communication and reinforcement every time users come to collect water
- Operators who are our primary line of communication with community members ensure that communication on Covid-19 and the steps for mitigation is shared with the village community.
- Operators given information on safety measures to be taken, symptoms and helpline numbers and testing labs to connect with in case of symptoms as per government norms.

Safeguard measures implemented at community level

- Asking users to wash their hands and utensils before filling water and providing soap and water.
- Practicing social distancing without supervision while waiting in queue to collect water.
- Enabling local support activities.



OUR SUPPORTERS AND PARTNERS



BOARD MEMBERS

Dr. B.P. Singh, President, Enable Health Society is a clinician and public health specialist having forty years of experience in field of Reproductive and Child Health and Family Planning. Qualified paediatrician, equipped with a law degree, he has served for more than 35 years in Public Health Sector in the Department of Medical, Health and Family Welfare for the state of Uttar Pradesh. Dr. Singh has worked extensively with USAID supported family planning program for more than 15 years, providing technical expertise for pioneering and implementing capacity building programs on male and female sterilization, RCH emergency obstetric and new born care and HIV/AIDS. Dr. B.P. Singh has been very widely recognized as master trainer in NSV, Sexual and Reproductive Health, Adolescent friendly Health Services, Infection Prevention, Facilitative Supervision, Quality Improvement, and Counselling. Dr. B.P. Singh brings to the organization his expertise and experience as a clinician and trainer in developing, reviewing, pilot testing and translating training manuals for various programs including clinical training and TOTs.

Meenu Ratnani, Secretary, Enable Health Society has around 20 years of work experience with reputed national and international organizations in the public health and development sector providing, capacity building, communication, programmatic management support to Reproductive Health, Family Planning, HIV/AIDS and Education projects in various capacities. Meenu has worked with different donor supported projects coordinating the capacity building and Knowledge Management. Meenu brings to the organization her expertise as a HIV/AIDS trainer and coordinating and managing a wide spectrum of project functions entailing Knowledge management, coordination, networking & liaison.